

Abstract

The influences of various family factors on life satisfaction of adolescents were investigated. Four hundred and sixty five Form 1 to Form 3 students were recruited from seven secondary schools in the present study. Results showed that all family factors significantly correlated with life satisfaction. In regression analysis, relationship with parents was the strongest predictor, explaining over half of the variance of adolescents' life satisfaction. In addition, adolescents' perception of family life satisfaction, parent-adolescent communication and family cohesion were able to account for a small amount of extra variance. This research was an extension to previous studies about relationship with parents and highlighted that the functioning of whole family was also significant in influencing adolescents' life satisfaction. Implication of these findings was discussed.